

DAV UNIVERSITY, JALANDHAR

Minutes of Board of Studies Meeting

The Meeting of Board of Studies for the review of syllabus of B.Sc. in Health and Physical Education 3- years, BPED-2 year, MPED-2 year, Ph.D. Course work, PG Diploma in Yoga, Skill Development Certificate course (6 months) held on Wednesday, 24th July 2024 in DAV University Committee Room at 02:00 pm.

Members of the Board of Studies were:

Sr.No.	Name	Participated as	Designation	Affiliation	Signature
1	Dr.Arvind Malik	Academic Expert	Professor	Kurukshetra University, Kurukshetra, Haryana	
2	Dr. Yeshbeer Singh	Department Coordinator	Associate Professor (HOD), Department of Physical Education	DAV University, Jalandhar	
3	Mr. CP Singh	Faculty member	Assistant Professor, Department of Physical Education	DAV University, Jalandhar	
4	Dr. Manju Deorari	Faculty member	Assistant Professor, Department of Physical Education	DAV University, Jalandhar	
5	Mr. Rohit Chauhan	Faculty member	Assistant Professor, Department of Physical Education	DAV University, Jalandhar	
6	Ms. Anuradha Chaudhary	Faculty member	Assistant Professor, Department of Physical Education	DAV University, Jalandhar	
7	Ms. Milandeep Kaur	Faculty member	Assistant Professor, Department of Physical Education	DAV University, Jalandhar	
8	Mr. Ajay Chauhan	Industrial Representative	Prop-writer	Finicky Sports, Meerut, U.P	
9	Ms. Priyanka	Alumni	Physical Education Teacher	Lala Jagat Narayan DAV public school, Jalandhar	
10	Ms. Akriti Sharma	PG student	M.P.Ed Student	DAV University, Jalandhar	

Note: Amendment has been made in the curriculum and the sheets has been attached from page no.2:

Proposed subject matter / syllabi of B.Sc in Health and Physical Education 3- years , BPED-2 year, MPED-2 year, Ph.D Course work, PG Diploma in Yoga, Skill Development Certificate course (6months) is approved with the amendments if any , as mentioned in the attached sheets from page no. 2.

DAV UNIVERSITY, JALANDHAR

The Minutes of the Board of Studies for the Syllabi of B.Sc in Health and Physical Education 3- years, BPed-2 year, MPed-2 year, Ph.D. Course work, PG Diploma in Yoga, Skill Development Certificate course (6months) held on 24th July 2024.

Amendments are mentioned in the table as below:

Sr No.	Programme	Semester	Course	Amendments	Justification
1	BSc In Health and Physical Education	VI	Foundation of Yoga	Some Content added in Unit I & III Added- i. concept and misconception about Yoga ii. Yogic methods of Mental hygiene iii. The therapeutic values of Yogic Practices. Sifted from III unit to IV unit- Asana: Types, importance of asanas in special reference to Physical Education & Sports and its effects on main systems.	To increase the Theoretical application of knowledge
2.	BPed	I	Health Education and Environmental studies	Some Content added in Unit IV I. Nuclear pollution	To increase the Theoretical application of knowledge
3	BPed	IV	Measurement and Evaluation in Physical Education	Some Content added in Unit III I. SAI Khelo India Fitness Test	To increase the Theoretical application of knowledge
4	MPed	II	Sports medicine, athletic care and rehabilitation	Some Content deleted in Unit IV I. Athletic Nutrition factors affecting the athlete's dietary requirement. Planning and justification of athletic diet for different categories of Sports. Mall nutrition among athletes and its Management Environmental stress Role of water and vitamin B for the athletes.	As it is covered in health education and sports nutrition in III rd semester.
5	PGD Yoga	I	Yoga Practical	Only course code has Change due to spelling mistake	
6	PGD Yoga	II	General Psychology and	Some content deleted from I unit and III i. Method of Psychology	Not required as per the

			Research Methodology	ii. Application of Statistics in Yoga research.	need of the program
7	Skill Development Certificate course	Only one program in each semester	i. Yoga & wellness ii. Fitness Management iii. Officiating in Athletics iv. Sports Psychology v. Nutrition & Diet Management	Newly introducing Programs	