#### **Department of Psychology**

#### **Activities Under MOU's**

## 1. **Visit to Bolester Rehabilitation Center** (12<sup>th</sup> September 2018)

As a part of the voluntary Consultancy services of the department, the students regularly visited the Bolster Rehabilitation centre, Jalandhar, throughout the academic session, to hone their counselling skills. This was done with individual and group therapy providing psychological interventions for the inmates at the centre.

#### <u>Pic-1</u>



#### Pic-2



#### **Picture of the Activity**

# <u>Visit to Bolester Rehabilitation Center (</u>12<sup>th</sup> September 2018)



# <u>Visit to Bolester Rehabilitation Center (12<sup>th</sup> September 2018)</u>

#### DEPARTMENT OF PSYCHOLOGY

### Visit to Visit to Bolester Rehabilitation Center

Date: 12-09-2018

S.No	Name	Class	Registration No.	Signature
1	Mansi Augua		11700360	Marie
2	Milanhuset		11700374	Mangreet
3	Milanproet Jasvinder Singh		11700657	Jagvirder
ч	Kings chauma		11700751	Kiran
5	Vandby Jana		11701175	Yanshu
6	Kiran shayma Vanshu Jawa Vashika Coomba		11701176	Yashing
7	Deepsha		11701254	(Nochens
8	Tanya		11701019	Vanchul Yashikan (Azeckshiz Tanya Roopali
9	Tanya Roopali		11702210	Navpreet
10	Naupreet Kaur		11702347	Naupaca
1:	Teachers  Der Jasbier Rischin  Der Rythen Wal	i de		

Total No. of Students 10
Total No. Of Teachers 02

# <u>Visit to Bolester Rehabilitation Center (12<sup>th</sup> September 2018)</u>

#### **Outcome of the Activity**

The students learn to initiates the counselling session with the drug addicts and provide them with the Individual Counselling Session and also interact with them in group and conduct Group Counselling session on the trigger management. This will help the students to gain confidence when they start working as a professionals.

# 2. <u>Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing (9<sup>th</sup> Jan 2019)</u>

The New year 2019 was welcomed by the department students and faculty by organizing visit to the Bolster Rehabilitation centre and Shiladi, centre of divine healing mandala under the esteemed presence of Dr. Desh Bandhu Gupta, Dean Academics, DAV University, and Dr. Jasbir Rishi, Head, Department of Psychology. This was an interactional visit with inmates of Rehabilitation centre and Dr. Desh Bandhu Gupta addressed the gathering with words of inspiration, vigour and everlasting positivity which left smiles on the faces of the recovering drug addicts. The visit concluded with the Guided Meditation session at the Shiladi centre, Divine healing Mandala which was conducted by Mrs. Anjileen K Uppal.



## **Pictures of the activity**

Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing  $(9^{th}\ Jan\ 2019)$ 





**Attendance of the visit** 

# <u>Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing (9<sup>th</sup> Jan 2019)</u>

#### DEPARTMENT OF PSYCHOLOGY

Visit to Rebirth Rehabilitation Centre and Hospital

Date: 31-12-2021

S.No	Name	Class	Registration No.	Signature
4	Ankita Goutam	MO 1STICE	12100013	Diantam
2	Tanveer Kaur	MA 1ST Com	12100313	Pordeuf
3	Pardeep Kour	MA 194 Com	12100314	Pordeug
Ч	Monika	MA 1St Sem	12100370	Monera.
5	Kiraniot Kaur	MATERCOM		Kennyetkana
6	Saubitt Kow	M.A 1st. Sem	121 00696	Scalsfeet
7	Bhuninger	M.A. 1st Som	12101391	Bhipindes
8	Mankroet Kan	HIGH STREET, S	12000005	Manget
9	Arshdeep Singl	MIA AM Son	12000631	Asst de
10	Tobile Mauria	HA 2" Sem	12001222	Jestile .
11	Anchal Aggavion	MA 2 m Sen	12001448	Archiffgganwal
	र्र			. 40
	Teachers			
	1			
1	Dy Haujot Kawy			
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Total No. of Students	11
Total No. Of Teachers	01

## <u>Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing (9<sup>th</sup> Jan 2019)</u>

#### **Outcome of the Activity**

The visit was accompanied by the Dr. Desh Bandhu, Dean Academics, Dr. jasbir Rishi and Dr. Harjot kaur. The motivational speech given by Dr. Gupta makes students motivated to initiates the social work and help the people who caught by the habit of addiction. Students sharpen their counselling skills in this visit and counsel the addicts and help them to cope with their withdrawal symptoms, their anxiety issues and also help them to tackle the relapse issues.

#### **2019-2020**

# 1. <u>Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills (11<sup>th</sup> Feb 2020)</u>

The students of Department had frequent visits to Bolster Rehabilitation Centre, Jalandhar as part of their training for obtaining case histories of the recovering patients and having counselling sessions with them.



<u>Pictures of the Visit</u>
<u>Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills (11<sup>th</sup> Feb 2020)</u>



#### **Attendance of the Visit**

# Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills (11th Feb 2020)

#### DEPARTMENT OF PSYCHOLOGY

<u>Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills</u>

Date: 11-02-2020

S.No	Name	Class	Registration No.	Signature
1	Tajinder Kawa		11900005	Tajinder
2	Akshita Amona		119 00 309	SKSWY
3	Shanne Stugh		11900371	Bhanu Singh
ч	Sanjeon		119 00933	Assist
5	Shyna Mahajan		11900939	Mayna
6	Guntas Kaur		11900972	Giuntas
7	Perabal Varider		11901115	Variaber
8	Toubti		11901231	T2301
9	Hima Timpar		11901334	Hema
10	Manprost Haur		119 01116	Mangrat.
	Teachers			
_1	Parabhiot Karry Dr Harriot Karry Der Rhython hala			
2	Dr Hargot Kour			
3	Dec Rhythm Wale			

Total No. of Students 10
Total No. Of Teachers 03

#### **Outcome of the Visit**

<u>Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills (11<sup>th</sup> Feb 2020)</u>

The visit was very fruitful for the students as they learn the skill of history taking of the patients as well as making case studies of the patients. They also involved in one to one counselling session with the patients and help them to recovering from their psychological problems. This will boost the confidence level of the students and make them comfortable while interacting with the patients.

#### **Session 2021-22**

#### 1. Visit to Rebirth Rehabilitation Centre and Hospital (31st December 2021)

Under the MOU between DAV University and Bolster, the students of Department had frequent visits to Bolster Rehabilitation Centre, Jalandhar as part of their training for obtaining case histories of the recovering patients and having counselling sessions with them.



### Pictures of the Activity Visit to Rebirth Rehabilitation Centre and Hospital $(31^{st}$ December 2021)





## **Attendance of the Activity**

## $\textbf{Visit to Rebirth Rehabilitation Centre and Hospital} \ (31^{st} \ December \ 2021)$

S.No	Name	Class	Registration	Signature
			No.	Diantam
1	Ankita Goutam	MA 1st Ser	12100013	Comot
2	Tanveer Kaux	M.A 1st Sem	12100313	Pordeuf
3		MA 1st Sem	12100314	Honela.
4	Manika	MA 1st Sem	12100370	Kinayor kaya
5	Kinanjot Kaur		12100626	Saulsteet
6	Saubjit Kour	M.A 1st. Cem	121 00 696	Chingings
7	Bhupinden	MAJE Som	12101391	Mange of
8	Manproet Kany	MA 2rd Cer	12000005	Nash de
9	Arshideep Singt	MA am Sen	12000631	Deshite
10	Arshdeep Singh Ishila Kawa Anchal Aggawa	M.A 2 Sem	12001448	Archalgganwal
	Anchal Aggavion	Mitt d Sen	12001998	41-193
	Teachers			
1	Dy Harjot Kawy			
	1			
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#### **Outcome of the Activity**

#### **Visit to Rebirth Rehabilitation Centre and Hospital** (31st December 2021)

The visit was aimed to train the students and make them efficient to take the history taking of the patients as well as making case studies of the patients. They also involved in one to one counselling session with the patients and help them to recovering from their psychological problems. This will boost the confidence level of the students and make them comfortable while interacting with the patients.