

## **Department of Psychology**

### **Activities Under MOU's**

#### **1. Visit to Bolster Rehabilitation Center (12<sup>th</sup> September 2018)**

As a part of the voluntary Consultancy services of the department, the students regularly visited the Bolster Rehabilitation centre, Jalandhar, throughout the academic session, to hone their counselling skills. This was done with individual and group therapy providing psychological interventions for the inmates at the centre.

**Pic-1**



**Pic-2**



**Picture of the Activity**

**Visit to Bolester Rehabilitation Center (12<sup>th</sup> September 2018)**



**Attendance of the Activity**

[illegible]

Total No. Of Teachers 02

**Visit to Bolester Rehabilitation Center** (12<sup>th</sup> September 2018)

**Outcome of the Activity**

The students learn to initiate the counselling session with the drug addicts and provide them with the Individual Counselling Session and also interact with them in group and conduct Group Counselling session on the trigger management. This will help the students to gain confidence when they start working as professionals.

2. **Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing (9<sup>th</sup> Jan 2019)**

The New year 2019 was welcomed by the department students and faculty by organizing visit to the Bolster Rehabilitation centre and Shiladi, centre of divine healing mandala under the esteemed presence of Dr. Desh Bandhu Gupta, Dean Academics, DAV University, and Dr. Jasbir Rishi, Head, Department of Psychology. This was an interactional visit with inmates of Rehabilitation centre and Dr. Desh Bandhu Gupta addressed the gathering with words of inspiration, vigour and everlasting positivity which left smiles on the faces of the recovering drug addicts. The visit concluded with the Guided Meditation session at the Shiladi centre, Divine healing Mandala which was conducted by Mrs. Anjileen K Uppal.





### **Pictures of the activity**

#### **Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing (9<sup>th</sup> Jan 2019)**



### **Attendance of the visit**

[illegible]

11

01

### **Visit to Bolster Rehabilitation Centre & Shiladi- centre of Divine Healing (9<sup>th</sup> Jan 2019)**

#### **Outcome of the Activity**

The visit was accompanied by the Dr. Desh Bandhu, Dean Academics, Dr. jasbir Rishi and Dr. Harjot kaur. The motivational speech given by Dr. Gupta makes students motivated to initiate the social work and help the people who are caught by the habit of addiction. Students sharpen their counselling skills in this visit and counsel the addicts and help them to cope with their withdrawal symptoms, their anxiety issues and also help them to tackle the relapse issues.



## **2019-2020**

### **1. Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills** (11<sup>th</sup> Feb 2020)

The students of Department had frequent visits to Bolster Rehabilitation Centre, Jalandhar as part of their training for obtaining case histories of the recovering patients and having counselling sessions with them.



**Pictures of the Visit**

**Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills** (11<sup>th</sup> Feb 2020)



**Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills (11<sup>th</sup> Feb 2020)**

Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills

[illegible]

Total No. Of Teachers 03

**Outcome of the Visit**

**Visit to Bolster Rehabilitation Centre for Clinical assessment training and honing the Counselling skills** (11<sup>th</sup> Feb 2020)

The visit was very fruitful for the students as they learn the skill of history taking of the patients as well as making case studies of the patients. They also involved in one to one counselling session with the patients and help them to recovering from their psychological problems. This will boost the confidence level of the students and make them comfortable while interacting with the patients.

## Session 2021-22

### **1. Visit to Rebirth Rehabilitation Centre and Hospital (31<sup>st</sup> December 2021)**

Under the MOU between DAV University and Bolster, the students of Department had frequent visits to Bolster Rehabilitation Centre, Jalandhar as part of their training for obtaining case histories of the recovering patients and having counselling sessions with them.





## Pictures of the Activity

### Visit to Rebirth Rehabilitation Centre and Hospital (31<sup>st</sup> December 2021)



### Attendance of the Activity

### Visit to Rebirth Rehabilitation Centre and Hospital (31<sup>st</sup> December 2021)

## DEPARTMENT OF PSYCHOLOGY

### Visit to Rebirth Rehabilitation Centre and Hospital

Date: 31-12-2021

[illegible]

Total No. of Students 11

Total No. Of Teachers 0/

### **Outcome of the Activity**

#### **Visit to Rebirth Rehabilitation Centre and Hospital (31<sup>st</sup> December 2021)**

The visit was aimed to train the students and make them efficient to take the history taking of the patients as well as making case studies of the patients. They also involved in one to one counselling session with the patients and help them to recovering from their psychological problems. This will boost the confidence level of the students and make them comfortable while interacting with the patients.