

B.A.LL.B (Hons.) 5 YEARS INTEGRATED COURSE

SEMESTER-III

Course Code	PSY311
Course Title	Psychology-III
Type of Course	Core
L T P	5 1 0
Credits	6
Course Prerequisites	12 th
Course Objectives (CO)	To educate students with the process and the methods of quantitative and qualitative psychological research traditions. Develop an understanding of the individual in relation to the social world. Introduce students to the realm of social influence, as to how individuals think, feel and behave in social situations. To develop an understanding of basic concepts, processes, and techniques of Counseling.

Unit-I

PSYCHOLOGICAL RESEARCH:

Basics of Research in Psychology, Goals of Psychological Research, Paradigms of Research, Principles of Good Research, Ethics in Psychological Research. Probability & Non probability sampling methods , Methods of Data Collection.

Unit –II

SOCIAL PSYCHOLOGY:

Nature and scope of social psychology; Overview of the history of social psychology, Understanding and evaluating the social world: Social cognition, Social perception, Attitudes, Attitude-behavior link, Strategies for attitude change.

Unit –III

GROUP DYNAMICS :

Nature of groups, Consequences of belonging -performance, decision making, cooperation and conflict, Nature of intergroup relations -prejudice, inter-group conflict, intervention techniques.

Unit –IV

COUNSELING:

Counseling Process: Building counseling relationships; Working in a counseling relationship; Closing counseling relationships

Techniques of Counseling: Psychoanalytic techniques; Humanistic techniques; Behavioral techniques; Cognitive techniques; Indian techniques: Yoga and Meditation.

Suggested Readings:

- Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson.
- Baron, R.A., Byrne, D. & Bhardwaj, G. (2010). Social Psychology (12th Ed.). New Delhi: Pearson.
- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
- Corey, G. (2009) Counselling and Psychotherapy; Theory and Practice. (7th Ed.) New Delhi: Cengage Learning
- Gladding, S. T. (2012). Counselling: A Comprehensive Profession. (7th Ed) New Delhi. Pearson.
- Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4 Ed.). New Delhi: Pearson Education.
- Kerlinger, F.N. & Lee, H.B. (1999). Foundations of Behavioural Research. Wadsworth
- Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (2001). Introduction to Psychology (7th Edition), McGraw Hill Book Company.